

The 14 Days Mock-scores

Fly from Chicago to Knoxville to Detroit to Newark to Frankfurt, Germany to Shanghai, China. (72h+)

Get off the plane, go through the customs, go through procedures, fill the medical forms, take the nucleic acid test, wait in lines and lines and lines, find the luggage, wait in lines again, hand the passport to the medical team, wait aside, the medical team pronounced the name wrong, be assigned to a hotel but don't know where it is, get on a bus, left the Chinese sim card back in Chicago so there are no signals, arrive at the hotel, wait in the line, be assigned a room. (7h+)

DAY 0.5

1. First thing to do after getting in the room: find a socket to charge the laptop, and try to get on youtube live to film the entire 14 days as a performance. Find out it's not possible because there's no VPN just yet.
2. Close the curtains.
3. Take off the mask, get rashes behind the ear because of allergic to latex. Take off clothes, throw away the shoes, have a shower, can't find the body wash so only use shampoo.
4. Put on pyjamas.
5. The hotel didn't prepare food for dinner, and it's late in the afternoon. Feeling very hungry, but resist to have instant noodle, because that thing makes the mind dizzy, worst-case scenario, vomit.
6. Have an apple.
7. Boil water.
8. Get on the phone, connect to the wifi, text Steven, "I'm safe, I arrived." Text mom, "I'm safe, I arrived. I need a suitcase, some food, a sim card, and my medicines." [*Steven re-texts the safe message into the group, "elon musk needs a vasectomy." Imagining Garret's face, Imagining Monica talking to Garret, we laugh.*]
9. Get on canvas to check the page "Philosophy of Friendship" because the summer class has readings.
10. Brush teeth, wash face.
11. Get in bed, have 50mg of quetiapine and 100mg of Divalproex, put on earbuds.
12. Sleep.

DAY 1.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Back in bed again, fall asleep again.
3. Wake up around 11 am, someone knocks on the door again. Get up, open the door, take the breakfast and lunch box that placed on the chair outside.
4. Brush teeth, wash face, realise they didn't bring me the suitcase mom sent. Phone the front desk, they don't know who that suitcase belongs to.
5. Have the breakfast, have some vegetable in the lunch box, have the congee instead of rice.
6. Throw all the meat away but have the egg.
7. Open *On Friendship*, by A. Nehamas online, read the first and second chapter, take notes.
8. Finish the first chapter, take off the flip-flops.
9. Play the song *A Love Song*, by G. Stevenson, turn off the lights, and start to dance.
10. Someone knocks on the door again, open the door, get the suitcase inside.
11. Take out the fruits, yoghurt, put them in the fridge. Put in the new sim card in the phone.
12. Boil water.
13. Have a cup of lemon ginger tea.
14. Someone knocks on the door again, open the door, take the dinner box in.
15. Have dinner, try to taste every dish, but find out all of them are spicy. Confuse about if this hotel is in Shanghai. Can't have spicy food, but have the soup.

16. Open *On Friendship*, by A. Nehamas online, finish the second chapter.
17. Start to read Aristotle, *Nichomachean Ethics*. Book I, II.
19. Text Sam to discuss the readings. [*Sam must be in Florida now, sam talks about people not wearing masks but still going to the beach.*]
20. Wash tomatoes and clean each of them using issue paper. (30min+)
21. Eat tomatoes.
22. Have a shower, brush teeth, this time find the body wash.
23. Get in bed, have 50mg of quetiapine and 100mg of Divalproex, put on earbuds.
24. Sleep.

DAY 2.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Back in bed again, can't fall asleep again.
3. Check Instagram, friends are posting BLM protests in Chicago, go through some, cry. [*idk, I just cry often, easily pick up emotions.*]
4. Go through some the second time, cry, feeling very not okay.
5. Realise time differences through the long flights have effected the medicine schedule, but don't think this is a big deal.
6. Brush teeth, wash face.
7. Boil water.
8. Call the front desk for a larger trash bag. Dispose of the old one by putting it outside the door, people in the hotel will take that away.
9. Pull out some clean clothes, set the temperature lower, get dressed.
10. Someone knocks on the door, open the door take the breakfast in, have the breakfast.
11. Read Aristotle, *Nichomachean Ethics*. Book III&IV, Book VIII, IX.
12. Write the reading response and post it in the canvas discussion.
13. Someone knocks on the door, open the door, take the clean trash bags in, take the lunch box in.
14. Continue writing, and finish the response.
15. Have a peach.
16. Phone grandma, and tell her "I'm good, I'm in the hotel. See you soon." [*Imagining grandma holding her phone, the sunshine is right on the plants, the closet door half-opened, so I can still see the alter.*]
17. Text Steven, find out they are still awake, tell them to get rested early. [*Use a lot of emojis*]
18. Check other messages, someone's asking in the group chat, "how do you feel about it? (have to be in a hotel, and get temperature taken every day)"
19. Reply to them, "I have no choice but to do it. It's fine, I'm good. The test result came out today if I'm positive they already took me away."
20. It starts to rain outside, very heavily, open the curtain for the first time, listen to the rain.
21. Someone knocks on the door again, open the door, take the dinner box in.
22. Have dinner.
23. Text dad to complain about how salty and spicy the dishes are.
24. Check Instagram again.
25. Text Sam: "see you soon at zoom."
26. Have zoom class online. (3h)
27. Have a shower, brush teeth, wash face.
28. Get in bed, have 50mg of quetiapine and 100mg of Divalproex, put on earbuds. Sleep.

DAY 3.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.

2. It's raining still, open the curtain, and look over from 10th floor for the first time. [*thinking about those times I walk back from school, to get dinner, rain-soaked through my toes, I never liked it, but I missed it.*]
3. Check Instagram, friends are posting BLM protests in Chicago.
4. Brush teeth, wash face.
5. Dispose of the trash bag outside.
6. Play the album *Hounds of Love* from K. Bush.
7. Someone knocks on the door again. Get up, open the door, take the breakfast in.
8. Have breakfast.
9. Boil water.
10. Have a cup of lemon ginger tea.
11. Read A. Nehamas, *On Friendship*, chapter 4.
12. Read I. Kant, *The Metaphysics of Ethics, Section I&II*
13. The rain is not quiet anymore, it turns into a storm, open the window, listen to the storm.
14. Inhale the humid air outside, it smells like mud.
15. Think about friendships.
16. Someone knocks on the door, take the lunch box in, have lunch.
17. Play the album *Hounds of Love* from K. Bush, dance with it.
18. Write the reading response and post it in the canvas discussion.
19. Someone knocks on the door again, open the door, take the dinner box in.
20. Have dinner.
21. Check on every social media app that is on the phone.
22. Text friends.
23. Have a shower, brush teeth, wash face.
24. Do meditation. (20min)
25. Get in bed, have 50mg of quetiapine and 100mg of Divalproex, put on earbuds.
26. Sleep.

DAY 4.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Back in bed again, fall asleep again.
3. Wake up around 11 am, someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in.
4. Brush teeth, wash face.
5. Respond to some messages from the group: "elon musks needs a vasectomy."
6. Have breakfast, feel full, and can't eat too much from lunch.
7. Boil water.
8. Read I. Kant, *The Metaphysics of Ethics*, Concerning Ethical Duties to Others, to Sections XIX.
9. Play the album *Colour Green*, from S. Baier.
10. The hotel doesn't allow delivery food, but they allow deliveries from the supermarket, go online and ask for delivery from the nearest supermarket, buy one jar of peanut butter, and one package of blades.
11. Text friends, check Instagram.
12. Read through reading notes that made, and write the reading response and post it in the canvas discussion.
13. Google Kant, and read what happened in his life.
14. Think about Kant.
15. The rain stops.
16. Someone knocks on the door again, open the door, take the dinner box in, take the peanut butter and blades in.
17. Have dinner.

18. Text Sam, Sam just got up, random talks.
19. Have zoom class online. (3h)
20. Have a shower, brush teeth, wash face.
21. Get in bed, have 50mg of quetiapine and 100mg of Divalproex.
22. Masturbate.
23. Put on earbuds, sleep.

DAY 5.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Back in bed again, fall asleep again.
3. Wake up around noon, someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in.
4. Check messages on the phone, also Instagram, repost some posts, talk to Jonathan.
5. Brush teeth, wash face.
6. Have lunch.
7. Have an apple with peanut butter, scoop the peanut butter using a blade.
8. Boil water.
9. Read I. Kant, *The Metaphysics of Ethics*, Union of Love with Respect in Friendship, Part II [*Thinking about people have so many things in common, even we have different political views and from different background. As spectators the perspectives are still pretty much the same.*]
10. Feel peace but also depressed, check on the date.
11. Text Steven. [*Use a lot of emojis*]
12. Play the album *Colour Green*, from S. Baier.
13. Phone dad, talk about Kant, tell him Kant seems to have some mental illness while he was alive.
14. Someone knocks on the door again, open the door, take the dinner box in.
15. Have dinner.
16. Go on youtube, and watch *I Am Sitting in a Room*, by A. Lucier. (45min) [*I kinda want to take this video into the bathroom.*]
17. Write the reading response and post it in the canvas discussion.
18. Turn off the lights and dance with random music.
19. Have a shower, brush teeth, wash face.
20. Looking at my tattoo in the mirror.
21. Do meditation. (20min) [*I'm able to focus in very quiet places or completely noisy, so I choose a nice soundtrack.*]
22. Get in bed, have 50mg of quetiapine and 100mg of Divalproex.
23. Can't fall asleep, but the medicine takes the body strength away, feel tired, lay in bed. (don't know how long it takes)

DAY 6.5

[These kind of days are sucking me dry, this writing as well. I'm exhausted. I want to see my friends, I want to get out of here. Why am I reading about friendship but being solitude anyways.]

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Back in bed again, fall asleep again.
3. Wake up around noon, someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in.
4. Brush teeth, wash face.
5. Have lunch.
6. Spend a lot of time on the phone. [*I never felt bored after I had a smartphone, it's terrifying, don't you think?*]

7. Have a peach.
8. Boil water.
9. Check the date. [*Shit, we are only halfway, this is driving me crazy.*]
10. Questioning about whether the time difference has effected medication schedule in a very negative way.
11. Writing a short essay for Philosophy of Friendship, write down: “Feelings and emotions are private, but thoughts are not. People can not be obligated to love someone (it is not a duty), and forming relationships whether romantic or friendships requires the feeling of love and involve affections. Therefore, Kant thinks, friendships and happiness have nothing to do with moral laws. Kant separates those intimacy relationships away from what is a universal moral law because we can’t fall in love with everyone.” [*Thinking about Kant for the rest of the day, dig out his political writings for a read.*]
12. Have dinner.
13. Have zoom class online. (3h)
14. Have a shower, brush teeth, wash face.
15. Get in bed, have 50mg of quetiapine and 100mg of Divalproex.
16. Sleep.

DAY 7.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open
2. the door to get temperature tested.
3. Stay in bed and check all social media. [*Feeling the whole world is not real anymore, it’s not even more trustable than a dream.*]
4. Someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in.
5. Brush teeth, wash face.
6. Have lunch.
7. Put on some Lo-fi, and finish up the essay from yesterday, write down: “The first formulation of the categorical imperative is to “act only in accordance with that maxim through which you can at the same time will that it become a universal law.” The universal laws are based on moral principles, and people have to be rational and consider the reasons when they act morally according to the laws (which are also duties.)”
8. Text Sam, ask him if he finished the writing. [*Sam often sleeps very early.*]
[*Rethink about all the friends and friendships I have for now, and feel relief, because I recognise the ones that never used me as an instrument.*]
9. Boil water.
10. Have a cup of lemon ginger tea. [*I want beer actually.*]
11. Someone knocks on the door again, open the door, take the dinner box in.
12. Have dinner.
13. Lowering the temperature, and dress up in winter clothes.
14. Meditate. (20 min)
15. Wash tomatoes and clean each of them using issue paper. (30min+)
16. Have a shower.
17. Stay in bed and check all social media.
18. Brush teeth.
19. Get in bed, have 50mg of quetiapine and 100mg of Divalproex. [*have a feeling of being watched, and I’m under the control of everything.*]
20. Sleep.

DAY 8.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Stay in bed and check all social media.

3. Text Steven and Alice. [*I miss them.*]
4. Someone knocks on the door again. Get up, open the door, take the breakfast in.
5. Brush teeth, wash face.
6. Have breakfast.
7. Check on this week's reading, open *On Friendship*, by A. Nehamas online, read chapter five, take notes.
8. Write a reading response in the discussion section: "Nehamas is using a play to talk about the issues in friendship. In the example, a friendship breaks down because "a single action" one friend did that is "out of character" in the other friend's perspective and threatened their friendship seriously. However, this action in itself is "independently of its relations to anything else in the world" and have nothing to do with one's character, nor act on the friendship in any sorts."
9. Someone knocks on the door, open the door, take the lunch box in.
10. Have lunch.
11. Play the album *Hounds of Love* from K. Bush, dance with it. [*I love to dance with the curtain closed, and lights off, so I can pretend it's late at night. Nighttime gives me romantic feelings.*]
12. Text Sam. [*I'm excited to see him again in class tomorrow, did he dye his hair again?*]
13. Boil water.
14. Have a cup of lemon ginger tea.
15. Someone knocks on the door again, open the door, take the dinner box in.
16. Have dinner.
17. Have a shower.
18. Put on clean clothes.
19. Go on youtube to watch Babish cooking.
20. Brush teeth.
21. Stay in bed and check all social media.
22. Meditate. (20 min)
23. Have 50mg of quetiapine and 100mg of Divalproex.
24. Sleep.

DAY 9.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Back in bed again, fall asleep again.
3. Wake up around noon, someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in.
4. Brush teeth, wash face.
5. Have lunch.
6. Boil water.
7. Start to read about Emerson, and writings on Self-Reliance. [*Feeling strong hurts from the lower back, and I knew I needed to stand up. It's a cloudy day. Everything has already passed away. I didn't like Emerson that much and I can't tell the reasons why.*]
8. Play some random music. [*Turn the volume so loud, because I want someone is quarantining next door to hear, or perhaps, there's no one next door.*]
9. Someone knocks on the door again, open the door, take the dinner box in.
10. Have dinner.
11. Writing the reading response: "Emerson is a very romantic writer in my opinion, and I'm going to use some quotes to explain his idea on self-reliance. He thinks one should believes and trusts oneself, and have an independent mindset that not easily influenced and under control of the others is very important. 'And truly it demands something godlike in him who has cast off the common motives of humanity, and has ventured to trust himself for a taskmaster.'" "
12. Have a shower.
13. Sit in front of the desk checking social media on the laptop.

14. Have zoom class online. (3h)
15. Brush teeth, wash face.
16. Meditate. (20 min)
17. Have 50mg of quetiapine and 100mg of Divalproex.
18. Sleep.

DAY 10.5

[Why am I still here? Why am I still here? Why am I still here?]

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested. *[How far away am I from home? How far away am I from Chicago?]*
2. Back in bed again, fall asleep again.
3. Wake up around noon, someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in.
4. Brush teeth, wash face.
5. Have lunch, check on social media at the same time.
6. Boil water.
7. Have an apple.
8. Continue to read about Emerson, and writings on Self-Reliance.
9. Get back to bed for a little nap. *[There's no light.]*
10. Someone knocks on the door again, open the door, take the dinner box in.
11. Have dinner.
12. Check on all social media, and text friends. *[People are protesting still.]*
13. Writing the reading response: "Emerson thinks the best way of maintaining a friendship is by correspondence, by writing letters with them." *[Open up the poems I wrote for people, and hearing Jonathan reading while talking to Steven on the phone.]*
14. Have a shower.
15. Brush teeth, wash face.
16. Meditate. (20 min) *[I'm feeling real depressed, to be honest, my mental health is not going so well.]*
17. Have 50mg of quetiapine and 100mg of Divalproex.
18. Sleep.

DAY 11.5

[I'm becoming less active, and I don't want people to enter my space. Why am I doing the same thing every day? Why I'm awake every day?]

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested. *[There's no one familiar around for such a long time.]*
2. Stay in bed, check on social media.
3. Wake up around noon, someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in. *[This is ain't my dorm, ain't my home, ain't my room. I can't get used to the food, the bed, the fruit, the toothpaste, even the fcking toilet.]*
4. Brush teeth, wash face.
5. Someone calling on the phone, saying there is going to be another round of nucleic acid test.
6. Check on social media again. *[I want to throw my phone away. I think the internet is all fake, but It's in China, I will still need to fill out the healthy report forms and show people I'm healthy every time in order to get on the subway. How can my code on the phone tell I'm healthy? I never believed it. How can you tell people are not healthy? What about those blind people? Do you think they are not healthy motherfuckers? And who told you they are blind? There's no total vision, I might be blind to some extends. What about people with mental illness? Is the system gonna refuse us as someone can get on a subway?]*
7. Have lunch.

8. Call the front desk for more body wash.
9. Get back to bed for a little nap.
10. Someone knocks on the door again, open the door, take the dinner box in, take the body wash in.
11. Have dinner.
12. Have a shower.
13. Read Montaigne, On Solitude.
14. Have zoom class online. (3h)
15. Brush teeth, wash face.
16. Have 50mg of quetiapine and 100mg of Divalproex.
17. Sleep.

DAY 12.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested. *[There's no one familiar around for such a long time.]*
2. Stay in bed, check on social media.
3. Writing the reading response: “ ‘We have lived enough for the others, let us at least live out the small remnant of life for ourselves’ he says, he thinks one should believe in themselves and find the pleasure within, and he also thinks that we should improve ourselves by learning to be reflective individuals. He also mentioned for example, ‘virtue is satisfied with herself’ and I think he’s the idea of improving on ourselves by solitude is very self-focused.
4. Someone knocks on the door, open the door, taking the nucleic acid test.
5. Having an argument with that person in the medical team. *[They are saying I should not talk in English.]*
6. Completely losing temper, and having a mental breakdown. *[My bipolar is here again bitches, it's gonna be with me for some days I guess. I'm yelling “I'm sorry,” to that person, but this really sounds like I'm swearing at them. Not everyone would understand this, and I can't expect everyone I meet in the society to understand this.]*
7. Crying. (2h+) *[I often turn to depress right after manic]*
8. Phone Dad, talking about the situation.
9. Try to get an appointment with the psychiatrist, but the hospital is not opened because of the pandemic. *[Back to the feeling when I was in Tennessee, and I was almost running out of my medicines. By that time, very difficult to find a doctor that can prescript meds for me in the states, and I thought I was gonna die.]*
10. Try to sleep, but can not.
11. Have zoom class online. (3h) *[This is our last class.]*
12. Brush teeth, wash face.
13. Have 50mg of quetiapine and 100mg of Divalproex.
14. Worrying.
15. Sleep.

DAY 13.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Stay in bed, check on social media.
3. Very anxious, so decide to finish writing the final essay: “ ‘We as humans can't live without society, and we are social but anti-social at the same time. Montaigne says, ‘we are not born for ourselves but for the public.’ ” *[Just want to be distracted. Keeping myself busy, so I can get myself out of reality.] [btw I love Montaigne, the words made me felt much better.]*
4. Someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in.
5. Have lunch.

6. Keep writing the final essay: “Montaigne's advice ‘to set a room aside at the back of the shop’ is like a metaphor of being independent while in a relationship with the others.”
7. Someone knocks on the door again, open the door, take the dinner box in.
8. Have dinner.
9. Keep writing the final essay: “ ‘a man must flee from the popular conditions that have taken possession of his soul, he must sequester and come again to himself.’ The virtues later gained through self-reflections from experiences and memories, then, is related to our friends, and how the love and affections made influences on us.”
10. Have a shower.
11. Brush teeth, wash face.
12. Meditate. (20 min)
13. Have 50mg of quetiapine and 100mg of Divalproex.
14. Can not sleep. *[The bipolar effects are just to begin.]*

DAY 14.5

1. The medical team knocks on the door at around 9 in the morning. Awake, put on a coat and open the door to get temperature tested.
2. Brush teeth, wash face.
3. Dad phoning and asking when they will release people. *[Tell him idk, no one told me when I can leave.]*
4. Packing up.
5. Sit in the bed waiting for information.
6. Check social media.
7. Someone knocks on the door again. Get up, open the door, take the breakfast and lunch box in. *[Seems like we are not leaving today.]*
8. Have lunch.
9. Phone the front desk, the front desk says we can leave tomorrow morning, but they will have a time schedule for each person, and someone will come to lead the way out.
10. Get on the laptop for some experimental music.
11. Playing around and recording sounds for the rest of the day.
12. Have dinner.
13. Have a shower.
14. Brush teeth, wash face.
15. Meditate. (20 min)
16. Have 50mg of quetiapine and 100mg of Divalproex.
17. Sleep.

DAY 15

1. Wake up with the alarm.
2. Brush teeth, wash face.
3. Packing up.
4. Waiting in bed.
5. Someone knocks the door, and go and them. *[As usually everyone I have seen these 14 and half days is wearing full biological protect suits, and I cannot see their faces. It's a war against virus carriers.]*
6. Register to sign out. *[It rains so heavy again, and I can see my mom and dad under an umbrella in the distance. I paid 4000+ or 5000+ RMB for this 14days' living, I can't remember how much exactly.]*
7. A border police asks for a min. *[he was lecturing me and telling me I can't lose my temper in the public and asked me to say sorry to the person in the medical team. I did, but I keep telling myself, it's not your fault, tho I still feel guilty. The person in the medical team emphasised I should not speak English because I'm under serves by Chinese people. Other people who were in the queue*

registering all looking at me. I explained three times to the police the symptoms I would have under specific situations, but he kept saying his words, and I felt my anxiety is getting to a limit I would just pass out right in front of so many people. Sometimes I just give up on society. My dad walked me away from them.]

8. Get into Mom's car. *[I looked out the window because the rain is not stopping. (Later it turns into a storm again, and I filmed it to send to Steven.) Sometimes I feel too strong of connecting to nature, or maybe she is me.]*